



Well being: being well. Helping gifted young people to live their best lives.

‘You’re braver than you believe, stronger than you seem and smarter than you think’ said Christopher Robin to Pooh Bear.

Such a statement would have had an impact on Pooh’s well-being. ‘Are you OK?’ is a catchphrase we use as a check-in to test the well-being of others. Well-being means different things to each of us, and for all of us it is essential to a thriving, successful life. As educators and carers for gifted children and young people, we aspire to provide them with the skills and capabilities to live their lives well. This session will look at well-being from a number of perspectives: physical, social, emotional and spiritual, and explore strategies and approaches for designing programs using unexpected resources.

Dr Denise M Wood

Denise continues to advocate for gifted learners of all ages in and out of school, as she has since the 1990’s. Over time, in rural and regional education settings, Denise has worked with families, gifted children and young people to help them explore who they are and what they are able to achieve and aspire to. The development of identity in a world of popular culture and intense social media is an area of further exploration.

Currently, Denise is Sub-Dean (Academic Development) at Charles Sturt University, designing and developing programs of academic and professional development for teaching academics. As well, she regularly talks with parents of gifted children, introduces the concepts of giftedness to pre-service teachers and supports rural schools interested in developing programs for their gifted students.

GIFTED 2020: MAINTAINING WELLBEING

Saturday 12th September 2020
9:45 am to 5:45 pm AEST



AUSTRALIAN
ASSOCIATION FOR THE
EDUCATION OF THE
GIFTED AND
TALENTED LTD

Click here to get your tickets!
<https://bit.ly/Gifted2020Orego>